

TFILLAT HASHACHAR
(Israel)

Tfillat Hashachar (Prayer at Dawn) was choreographed by Moshiko to Oriental folk music.

Pronunciation:

Record: "Dance with Moshiko," MIH Vol. 1, side 1, band 4.

Formation: Circle, arms down, face ctr.

Counts

Pattern

16 INTRODUCTION.

PART ONE. (This part is danced 'flowingly'.)
 1-2 R to R side and 1/2 turn to R side, back is turned to ctr.
 3-4 L to L side.
 5-6 R crosses behind L and clap hands low in front of body, bending body fwd.
 7-8 L to L side, starting 1/2 turn to L side.
 9-13 Ft together, facing ctr of circle, with arms on neighbors' shldr: bounce five times. The last bounce is somewhat deeper than the others.
 14 Hold
 15-16 Bounce twice.
 17-18 Small leap on R ft to R side.
 19-20 L cross in front of R.
 21-22 R closes to L (wt on both).
 23-24 R to R side.
 25-26 L touches next to R.
 27-30 Repeat action of cts 23-26, with opp ftwk and direction.
 31 Arms down.
 32 Hold.
 33-64 Repeat action of cts 1-32.

PART TWO. (This part is stacatto.)
 1-4 Face CCW. Join hands. Yemenite L. Leap on first step.
 5-6 Brush R fwd.
 7-9 Three steps fwd (step R, bring L next to it, step R).
 10 Hold.
 11-12 L fwd.
 13-14 R closes to L.
 15-16 Hold.
 17-18 R fwd.
 19-20 L closes to R (no wt).
 21-22 L fwd.
 23-24 R closes to L.
 25-26 L to L side.
 27-28 R closes to L (no wt).
 29-30 R to R side
 31-32 L closes to R.
 33-64 Repeat action of cts 1-32.

Repeat dance twice more (three in all).

Presented by Moshiko Halevy